



St. Catherine's

HOSPICE

Grief Support Groups

Most people have lost a friend or family member. The loss of a loved one takes time to heal, and there are measures that can be taken to help that healing process. Healing is very complicated with spiritual, emotional, biological, and psychological dynamics that are all intertwined.

The St. Catherine's Hospice staff realizes that the loss or impending loss of a loved one is a great stress, and we hope that you take advantage of our grief support groups to help you deal with your loss. We know it is difficult, and we would like to hold your hand as you work through the process if you will allow us.

All meetings are led by graduate-level professionals in the bereavement field. Our staff wants to help in any way possible. You don't have to face the loss of a loved one alone - let us help.

LaPlace GriefShare Group

Every Tuesday at 5:30 pm
at First United Methodist Church
301 Bamboo Road
Laplace, LA 70068
Just off LA 51 in LaPlace

Houma/Thibodaux GriefShare Group

Every Wednesday at 11:00 am
at Lafourche Public Library - Bayou Blue Branch
198 Mazerac Street
Houma, LA 70364
Just Off LA 316, 1/2 Mile South of LA 182

*Support Services are a public service offered by St. Catherine's Hospice.
All programs are free of charge, except for materials, and open to all members of the community.*

FOR MORE INFORMATION, CALL US AT ST. CATHERINE'S HOSPICE

Phone: 985.651.9733

www.stcatherineshospice.com

Rev|12.28.2015